



Gym Schedule

Effective June 8th 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 9:00 Open Gym	5:15 - 6:30 Fitness Class & Basketball	6:00 - 7:45 Open Gym	5:15 - 6:30 Fitness Class & Basketball	5:00 - 7:00 Open Gym	Gym Closed Due to Kids Trinona From 7am- 12pm	CLOSED
9:00 - 11:00 Volleyball & Summer Childcare	6:30 - 7:45 Open Gym	7:45 - 9:00 Fitness Class & Open Gym	6:30 - 7:45 Open Gym	7:00 - 9:00 Open Gym	12:00 - 1:55 Open Gym	
11:30 - 1:00 Basketball & Open Gym	7:45 - 9:00 Fitness Class & Open Gym	9:00 - 11:00 Volleyball & Summer Childcare	7:45 - 9:00 Fitness Class & Open Gym	9:00 - 11:00 Volleyball & Summer Childcare		
1:00 - 3:00 Pickleball & Open Gym	9:00 - 11:00 Pickleball & Summer Childcare	11:00 - 11:45 Open Gym	9:00 - 11:00 Pickleball & Summer Childcare	11:00 - 11:45 Open Gym		
3:00 - 4:45 Child Care & Open Gym	11:30 - 1:15 Adult Basketball	11:45 - 1:00 Fitness Class & Open Gym	11:30 - 1:15 Adult Basketball	11:45 - 1:00 Fitness Class & Basketball		
4:45 - 6:00 Fitness Class & Open Gym	1:15 - 3:00 Pickleball & Open Gym	1:00 - 3:00 Pickleball & Open Gym	1:15 - 3:00 Pickleball	1:00 - 3:00 Pickleball & Open Gym		
6:00 - 7:15 Open Gym & Basketball *Youth Sports*	3:00 - 4:45 Child Care & Youth Court Time (Ages 12-17)	3:00 - 4:45 Child Care & Open Gym	3:00 - 4:45 Child Care & Open Gym	3:00 - 5:00 Child Care & Open Gym		
7:15 - 7:55 Basketball	4:45 - 6:00 Open Gym	4:45 - 6:00 *Youth Sports* Open Gym	4:45 - 7:15 Open Gym	5:00 - 7:55 Basketball Summer League		
	6:00 - 7:55 Open Gym	6:00 - 7:55 Open Gym	7:15 - 7:55 Open Gym			

Basketball Group Play, Volleyball and Pickleball ONLY allowed during designated times
 Youth Sports will only use the gym if there is inclement weather. Otherwise it is open gym during these times.
 All other Open Gym times remain available to all participants