



Gym Schedule

Effective March 9th-15th 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 7:00 Fitness Class & Open Gym	5:30 - 6:30 Fitness Class & Basketball	6:00 - 7:00 Fitness Class & Open Gym	5:30 - 6:30 Fitness Class & Basketball	5:45-7:00 Fitness Class & Open Gym	6:45 - 8:00 Fitness Class & Open Gym	10:00-12:00 Pickleball & Open Gym
7:00 - 9:00 Open Gym	6:30 - 7:45 Open Gym	7:00 - 8:00 Open Gym	6:30 - 7:45 Open Gym	7:00-9:00 Open Gym	8:00 - 10:00 Pickleball	11:45-1:00 Fitness Class & Open Gym
9:00 - 11:00 Adult/Teen Volleyball & Child Care	7:45 - 9:00 Fitness Class & Open Gym	8:00 9:00 Fitness Class & Open Gym	7:45 - 9:00 Fitness Class & Open Gym	9:00 - 11:00 Adult/Teen Volleyball	10:00 - 11:00 Pickleball & Open Gym	1:00-2:00 Open Gym
11:30 - 1:00 Basketball & Open Gym	9:00 - 11:00 Pickleball & Child Care	9:00 - 11:00 Adult/Teen Volleyball	9:00 - 11:00 Pickleball	11:00 - 11:45 Open Gym	11:00 - 3:00 Open Gym	2:00-3:30 Women's Basketball & Open Gym
1:00 - 3:00 Pickleball & Open Gym	11:30 - 1:15 Basketball	11:00 - 12:00 Open Gym	11:30 - 1:15 Basketball	11:45 - 1:00 Fitness Class & Basketball	3:00 - 4:55 Pickleball & Open Gym	3:30-3:55 Open Gym
3:00 - 4:45 Child Care & Open Gym	1:15 - 3:00 Pickleball & Open Gym	12:00 - 1:00 Fitness Class & Open Gym	1:15 - 3:00 Pickleball	1:00 -3:00 Pickleball & Open Gym		
4:45 - 6:00 Fitness Class & Open Gym	3:00 - 5:00 Child Care & Youth Court Time (Ages 12-17)	1:00 - 3:00 Pickleball & Open Gym	3:00 - 5:00 Child Care & Open Gym	3:00 - 4:45 Child Care & Open Gym		
6:00 - 7:00 Open Gym & Basketball	5:00-7:55 Open Gym	3:00 - 4:00 Teen Time Kickball & Open Gym	5:00-7:55 Open Gym	4:45 - 6:15 Basketball & Open Gym		
7:00 - 7:55 Basketball		4:00 - 5:00 Teen Time Ultimate Dodgeball & Open Gym		6:15-7:55 Open Gym & Volleyball		
		5:00 - 7:55 Basketball & Open Gym				

Basketball Group Play, Volleyball and Pickleball ONLY allowed during designated times.

All other Open Gym times remain available to all participants