



Winona Family YMCA POOL SCHEDULE Nov 7-Nov 23 2025

Facility Hours

Monday-Friday 5am-8pm
Saturday 6am-5pm
Sunday 10am-4pm

The pool area closes 30 minutes before
the facility unless otherwise noted.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM Children 8-13 must have passed the swim test and be swimming basic strokes continuously. 13+ must swim continuous strokes.	5-8am (5) 8-8:50am (2) 8:50am-1pm (4) 1-1:50pm (2) 1:50-4pm (4) 4-7:30pm (0)	5-8am (5) 8-8:50am (2) 8:50am-4pm (4) 4-6pm (0) 6-7:30pm (3)	5-6am (5) 6-8am (4) 8-8:50am (2) 8:50am-1pm (4) 1-1:50pm (2) 1:50-4pm (4) 4-6pm (0) 6-7:30pm (1)	5-8am (5) 8-8:50am (2) 8:50am-4pm (4) 4-6pm (0) 6-7:30pm (3)	5-8am (5) 8-8:50am (2) 8:50am-1pm (4) 1-1:50pm (2) 1:50-6pm (4) 6-7:30pm (2)	6-8am (4) 8-8:15 (5) 8:15-11am (1) 11am-3:30pm (4)	10am-1:15pm (4) 1:15pm-3:45pm (1)
OPEN SWIM	8:50am-1pm (2) 1:50-4pm (2) 6-7:30pm (2)	8:50am-4pm (2) 6:50-7:30pm (2)	8:50am-1pm (2) 1:50-4pm (2) 6:50-7:30pm (2)	8:50am-4pm (2) 6:50-7:30pm (2) After School Care will be using the Open Swim Lanes Thursdays 3-4pm	8:50am-1pm (2) 1:50-7:30pm (2)	11am-3:30pm (2)	10am-3:45pm (2)
WATER FITNESS & WATER VOLLEYBALL	AquaFit 8-8:50am (3/4) 1-1:50pm (3/4) Water Volleyball 6-7:30pm (2)	AquaFit 8-8:50am (3/4) 6-6:50pm (2)	AquaFit 8-8:50am (3/4) 1-1:50pm (3/4) Aqua Zumba 6-6:50pm (3)	AquaFit 8-8:50am (3/4) 6-6:50pm (2)	AquaFit 8-8:50am (3/4) 1-1:50pm (3/4) Water Volleyball 6-7:30pm (2)		
PROGRAMMING	Swim Team 4-6pm (2-6)	Swim Team 4-6pm (2-6)	Swim Team 4-6pm (2-6)	Swim Team 4-6pm (2-6)		Swim Lessons 8:15-11am (4)	Swim Lessons 1:30-3:45pm (4)

Lap lanes may be used for Private Swim Lessons at any time.

To be notified of unexpected closures & cancellations, subscribe to our NewsBlasts!





Winona Family YMCA POOL SCHEDULE Nov 24-Nov 30 2025

Facility Hours
 Mon, Tues, Fri 5am-8pm
 Wednesday 5am-3pm
 Thursday-CLOSED
 Saturday 6am-5pm
 Sunday 10am-4pm

The pool area closes 30 minutes before
the facility unless otherwise noted.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM Children 8-13 must have passed the swim test and be swimming basic strokes continuously. 13+ must swim continuous strokes.	5-8am (5) 8-8:50am (2) 8:50am-1pm (4) 1-1:50pm (2) 1:50-4pm (4) 4-7:30pm (0)	5-8am (5) 8-8:50am (2) 8:50am-4pm (4) 4-6pm (0) 6-7:30pm (3)	5-6am (5) 6-8am (4) 8-8:50am (2) 8:50am-1pm (4) 1-1:50pm (2) 1:50-2pm (4) Closed at 2pm	CLOSED	7-8am (5) 8-8:50am (2) 8:50am-10am (4) 12pm-1pm (4) 1-1:50pm (2) 1:50-4pm (4) CLOSED 5am-7am, 10a-12p, 4pm-7:30pm	6-8am (4) 8-8:15 (5) 8:15-11am (1) 11am-2pm (4) Closed 2pm	12pm-1:15pm (4) 1:15pm-3:45pm (1) Closed 10a-12p
OPEN SWIM	8:50am-1pm (2) 1:50-4pm (2) 6-7:30pm (2)	8:50am-4pm (2) 6:50-7:30pm (2)	8:50am-1pm (2) 1:50-2pm (2) CLOSED 2PM	CLOSED	8:50am-10am (2) 1:50-4pm (2) CLOSED 5am-7am, 10a-12p, 4pm-7:30pm	11am-2pm (2)	12pm-1:15pm (2)
WATER FITNESS & WATER VOLLEYBALL	AquaFit 8-8:50am (3/4) 1-1:50pm (3/4) Water Volleyball 6-7:30pm (2)	AquaFit 8-8:50am (3/4) 6-6:50pm (2)	AquaFit 8-8:50am (3/4) 1-1:50pm (3/4)	CLOSED	AquaFit 8-8:50am (3/4) 1-1:50pm (3/4)		
PROGRAMMING	Swim Team 4-6pm (2-6)	Swim Team 4-6pm (2-6)		CLOSED		Swim Lessons 8:15-11am (4)	Swim Lessons 1:30-3:45pm (4)

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