



Winona Family YMCA Pool Schedule
Effective Aug 24- Aug 30

Sauna, Steam and Whirlpool are open during pool hours.

LAP SWIM TIMES

Privates may use lanes at anytime

MON	TUES	WED	THUR	FRI	SAT	SUN
5:00a-8:00a 5 lanes	8:00a-8:50a 2 lanes	5:00a-6:00a 5 lanes	8:00a-8:50a 2 lanes	5:00a-8:00a 5 lanes	6:00a-8:00a 4 Lanes	Closed
8:00a-8:50a 2 lanes	8:50a-7:30p 4 lanes	6:00a-8:00a 4 lanes	8:50a-7:30p 4 lanes	8:00a-8:50a 2 lanes	8:00a-8:15a 5 lanes	
8:50a-1:00p 4 lanes		8:00a-8:50a 2 lanes		8:50a-1:00p 4 lanes	8:15a-11:00a 2 lanes	
1:00p-1:50p 2 lanes		8:50a-1:00p 4 lanes		1:00p-1:50p 2 lanes	11:00a-1:30p 4 Lanes	
1:50p-6:00p 4 lanes		1:00p-1:50p 2 lanes		1:50p-6:00 4 Lanes		
6:00p-7:30p 1 lanes		1:50p-6:00p 4 lanes		6:00p-7:30p 2 Lanes		

WATER FITNESS CLASSES & WATER VOLLEYBALL

MON	TUES	WED	THUR	FRI	SAT	SUN
Aqua Fit 8:00a-8:50a 3-4 Lanes	Aqua Fit 8:00a-8:50a 3-4 Lanes	Aqua Fit 8:00a-8:50a 3-4 Lanes	Aqua Fit 8:00a-8:50a 3-4 Lanes	Aqua Fit 8:00a-8:50a 3-4 Lanes		
Aqua Fit 1:00p-1:50p 3-4 Lanes		Aqua Fit 1:00p-1:50p 3-4 Lanes		Aqua Fit 1:00p-1:50p 3-4 Lanes		
Water Volleyball 6:00p-7:30p 2 lanes	Aqua Fit 6:00p-6:50p 2 lanes		Aqua Fit 6:00p-6:50p 2 lanes	Water Volleyball 6:00p-7:30p 2 lanes		

PROGRAMMING TIMES

MON	TUES	WED	THUR	FRI	SAT	SUN
					Swim Lessons 8:15a-11:00a 4 lanes	

OPEN SWIM TIMES

MON	TUES	WED	THUR	FRI	SAT	SUN
8:50a-1:00p	8:50a-6:00p	8:50a-1:00p	8:50a-6:00p	8:50a-12:00p		Closed
1:50p-7:30p	6:50p-7:30p	1:50p-6:00p	6:50p-7:30p	2:00p-6:00p	11:00a-1:30p	