



Winona Family YMCA Pool Schedule Effective Aug 24- Aug 30

Sauna, Steam and Whirlpool are open during pool hours.

LAP SWIM TIMES

Privates may use lanes at anytime

MON	TUES	WED	THUR	FRI	SAT	SUN
5:00a-8:00a 5 lanes	8:00a-8:50a 2 lanes	5:00a-6:00a 5 lanes	8:00a-8:50a 2 lanes	5:00a-8:00a 5 lanes	6:00a-8:00a 4 Lanes	Closed
8:00a-8:50a 2 lanes	8:50a-7:30p 4 lanes	6:00a-8:00a 4 lanes	8:50a-7:30p 4 lanes	8:00a-8:50a 2 lanes	8:00a-8:15a 5 lanes	
8:50a-1:00p 4 lanes		8:00a-8:50a 2 lanes		8:50a-1:00p 4 lanes	8:15a-11:00a 2 lanes	
1:00p-1:50p 2 lanes		8:50a-1:00p 4 lanes		1:00p-1:50p 2 lanes	11:00a-1:30p 4 Lanes	
1:50p-6:00p 4 lanes		1:00p-1:50p 2 lanes		1:50p-6:00 4 Lanes		
6:00p-7:30p 1 lanes		1:50p-6:00p 4 lanes		6:00p-7:30p 2 Lanes		

WATER FITNESS CLASSES & WATER VOLLEYBALL

MON	TUES	WED	THUR	FRI	SAT	SUN
Aqua Fit 8:00a-8:50a 3-4 Lanes	Aqua Fit 8:00a-8:50a 3-4 Lanes	Aqua Fit 8:00a-8:50a 3-4 Lanes	Aqua Fit 8:00a-8:50a 3-4 Lanes	Aqua Fit 8:00a-8:50a 3-4 Lanes		
Aqua Fit 1:00p-1:50p 3-4 Lanes		Aqua Fit 1:00p-1:50p 3-4 Lanes		Aqua Fit 1:00p-1:50p 3-4 Lanes		
Water Volleyball 6:00p-7:30p 2 lanes	Aqua Fit 6:00p-6:50p 2 lanes		Aqua Fit 6:00p-6:50p 2 lanes	Water Volleyball 6:00p-7:30p 2 lanes		

PROGRAMMING TIMES

MON	TUES	WED	THUR	FRI	SAT	SUN
					Swim Lessons 8:15a-11:00a 4 lanes	

OPEN SWIM TIMES

MON	TUES	WED	THUR	FRI	SAT	SUN
8:50a-1:00p	8:50a-6:00p	8:50a-1:00p	8:50a-6:00p	8:50a-12:00p		Closed
1:50p-7:30p	6:50p-7:30p	1:50p-6:00p	6:50p-7:30p	2:00p-6:00p	11:00a-1:30p	



Winona Family YMCA Pool Schedule Effective 9/1-9/7

Sauna, Steam and Whirlpool are open during pool hours.

LAP SWIM TIMES

Privates may use lanes at anytime

MON	TUES	WED	THUR	FRI	SAT	SUN
Closed for Holiday	5:00a-7:00a	5:00a-6:00a	8:00a-8:50a	5:00a-8:00a	6:00a-8:00a	10:00a-1:15p
	Closed (staffing)	5 lanes	2 lanes	5 lanes	4 Lanes	4 Lanes
	7:00a-8:50a	6:00a-8:00a	8:50a-7:30p	8:00a-8:50a	8:00a-8:15a	
	2 lanes	4 lanes	4 lanes	2 lanes	5 lanes	
	8:50a-7:30p	8:00a-8:50a		8:50a-1:00p	8:15a-11:00a	
	4 lanes	2 lanes		4 lanes	0 Lanes	
		8:50a-1:00p		1:00p-1:50p	11:00a-3:30p	
		4 lanes		2 lanes	4 Lanes	
		1:00p-1:50p		1:50p-6:00		
		2 lanes		4 Lanes		
		1:50p-5:30p		6:00p-7:30p		
		4 lanes		2 Lanes		
		5:30p-7:30p				
		2 Lanes				

After School Care will be using the Open Swim Lanes Thursdays 3p-4p

Lifeguard Inservice will use 2 lanes Wednesday 9/3 530p-730p

WATER FITNESS CLASSES & WATER VOLLEYBALL

MON	TUES	WED	THUR	FRI	SAT	SUN
Closed for Holiday	Aqua Fit	Aqua Fit	Aqua Fit	Aqua Fit		
	8:00a-8:50a 3-4 Lanes	8:00a-8:50a 3-4 Lanes	8:00a-8:50a 3-4 Lanes	8:00a-8:50a 3-4 Lanes		
		Aqua Fit		Aqua Fit		
		1:00p-1:50p 3-4 Lanes		1:00p-1:50p 3-4 Lanes		
	Aqua Fit		Aqua Fit	Water Volleyball		
	6:00p-6:50p 2 lanes		6:00p-6:50p 2 lanes	6:00p-7:30p 2 lanes		

PROGRAMMING TIMES

MON	TUES	WED	THUR	FRI	SAT	SUN
					Swim Lessons	Swim Lessons
					8:15a-11:00a 6 Lanes	1:30p-3:45p 4 Lanes

OPEN SWIM TIMES

MON	TUES	WED	THUR	FRI	SAT	SUN
Closed for Holiday	8:50a-6:00p	8:50a-1:00p	8:50a-6:00p	8:50a-1:00p		10:00a-1:15p
	6:50p-7:30p	1:50p-7:30p	6:50p-7:30p	1:50p-7:30p	11:00a-1:30p	

After School Care will be using the Open Swim Lanes Thursdays 3p-4p