



Winona Family YMCA Pool Schedule  
Effective Aug 3rd-9th

Sauna, Steam and Whirlpool are open during pool hours.

LAP SWIM TIMES

Privates may use lanes at anytime

| MON                    | TUES                   | WED                    | THUR                   | FRI                    | SAT                     | SUN    |
|------------------------|------------------------|------------------------|------------------------|------------------------|-------------------------|--------|
| 5:00a-8:00a<br>5 lanes | 8:00a-8:50a<br>2 lanes | 5:00a-6:00a<br>5 lanes | 8:00a-8:50a<br>2 lanes | 5:00a-7:00a<br>CLOSED  | 6:00a-8:00a<br>CLOSED   | Closed |
| 8:00a-8:50a<br>2 lanes | 8:50a-7:30p<br>4 lanes | 6:00a-8:00a<br>4 lanes | 8:50a-7:30p<br>4 lanes | 8:00a-8:50a<br>2 lanes | 8:00a-8:15a<br>5 lanes  |        |
| 8:50a-1:00p<br>4 lanes |                        | 8:00a-8:50a<br>2 lanes |                        | 8:50a-1:00p<br>4 lanes | 8:15a-11:00a<br>2 lanes |        |
| 1:00p-1:50p<br>2 lanes |                        | 8:50a-1:00p<br>4 lanes |                        | 1:00p-1:50p<br>2 lanes | 11:00a-1:30p<br>4 Lanes |        |
| 1:50p-6:00p<br>4 lanes |                        | 1:00p-1:50p<br>2 lanes |                        | 1:50p-4:00<br>4 Lanes  |                         |        |
| 6:00p-7:30p<br>1 lanes |                        | 1:50p-6:00p<br>4 lanes |                        | 4:00p-7:30p<br>CLOSED  |                         |        |

Closed Fri 5a-7a& 4p-7:30p, Sat 6a-8a

Summer Care Shares Open Swim Lanes Mon-Thurs 10a-11a

WATER FITNESS CLASSES & WATER VOLLEYBALL

| MON   | TUES  | WED   | THUR  | FRI   | SAT | SUN |
|---|---|---|---|---|-----|-----|
| <b>Aqua Fit</b><br>8:00a-8:50a<br>3-4 Lanes       | <b>Aqua Fit</b><br>8:00a-8:50a<br>3-4 Lanes | <b>Aqua Fit</b><br>8:00a-8:50a<br>3-4 Lanes | <b>Aqua Fit</b><br>8:00a-8:50a<br>3-4 Lanes | <b>Aqua Fit</b><br>8:00a-8:50a<br>3-4 Lanes         |     |     |
| <b>Aqua Fit</b><br>1:00p-1:50p<br>3-4 Lanes       |   | <b>Aqua Fit</b><br>1:00p-1:50p<br>3-4 Lanes |   | <b>Aqua Fit</b><br>1:00p-1:50p<br>3-4 Lanes         |     |     |
| <b>Water Volleyball</b><br>6:00p-7:30p<br>2 lanes | <b>Aqua Fit</b><br>6:00p-6:50p<br>2 lanes   |   | <b>Aqua Fit</b><br>6:00p-6:50p<br>2 lanes   | <b>Water Volleyball</b><br>6:00p-7:30p<br>CANCELLED |     |     |

PROGRAMMING TIMES

| MON | TUES | WED | THUR | FRI | SAT  | SUN |
|-----|------|-----|------|-----|--|-----|
|     |      |     |      |     | <b>Swim Lessons</b><br>8:15a-11:00a<br>4 lanes |     |

OPEN SWIM TIMES

| MON         | TUES        | WED         | THUR        | FRI             | SAT          | SUN    |
|-------------|-------------|-------------|-------------|-----------------|--------------|--------|
| 8:50a-1:00p | 8:50a-6:00p | 8:50a-1:00p | 8:50a-6:00p | 8:50a-1:00p     |              | Closed |
|             |             |             |             | 2:00p-4:00p     |              |        |
| 1:50p-7:30p | 6:50p-7:30p | 1:50p-6:00p | 6:50p-7:30p | CLOSED 4p-7:30p | 11:00a-1:30p |        |

Closed Fri 5a-7a& 4p-7:30p, Sat 6a-8a

Summer Care Shares Open Swim Lanes Mon-Thurs 10a-11a



Sauna, Steam and Whirlpool are open during pool hours.

## LAP SWIM TIMES

***Privates may use lanes at anytime***

| MON                    | TUES                   | WED                    | THUR                   | FRI                     | SAT                     | SUN    |
|------------------------|------------------------|------------------------|------------------------|-------------------------|-------------------------|--------|
| 5:00a-8:00a<br>5 lanes | 8:00a-8:50a<br>2 lanes | 5:00a-6:00a<br>5 lanes | 8:00a-8:50a<br>2 lanes | 5:00a-8:00a<br>5 lanes  | 6:00a-8:00a<br>Closed   | Closed |
| 8:00a-8:50a<br>2 lanes | 8:50a-7:30p<br>4 lanes | 6:00a-8:00a<br>4 lanes | 8:50a-7:30p<br>4 lanes | 8:00a-8:50a<br>2 lanes  | 8:00a-8:15a<br>5 lanes  |        |
| 8:50a-1:00p<br>4 lanes |                        | 8:00a-8:50a<br>2 lanes |                        | 8:50a-12:00p<br>4 lanes | 8:15a-11:00a<br>2 lanes |        |
| 1:00p-1:50p<br>2 lanes |                        | 8:50a-1:00p<br>4 lanes |                        | 12:00p-2:00p<br>Closed  | 11:00a-1:30p<br>4 Lanes |        |
| 1:50p-6:00p<br>4 lanes |                        | 1:00p-1:50p<br>2 lanes |                        | 2:00p-6:00<br>4 Lanes   |                         |        |
| 6:00p-7:30p<br>1 lanes |                        | 1:50p-6:00p<br>4 lanes |                        | 6:00p-7:30p<br>2 Lanes  |                         |        |
|                        |                        |                        |                        |                         |                         |        |

**Closed Fri 12p-2p Sat 6-8**

**Summer Care Shares Open Swim Lanes Mon-Thurs 10a-11a**

## WATER FITNESS CLASSES & WATER VOLLEYBALL

| WATER FITNESS CLASSES & WATER VOLLEYBALL |                          |                          |                          |                          |     |     |
|--|--------------------------|--------------------------|--------------------------|--------------------------|-----|-----|
| MON                                      | TUES                     | WED                      | THUR                     | FRI                      | SAT | SUN |
| <b>Aqua Fit</b>                          | <b>Aqua Fit</b>          | <b>Aqua Fit</b>          | <b>Aqua Fit</b>          | <b>Aqua Fit</b>          |     |     |
| 8:00a-8:50a<br>3-4 Lanes                 | 8:00a-8:50a<br>3-4 Lanes | 8:00a-8:50a<br>3-4 Lanes | 8:00a-8:50a<br>3-4 Lanes | 8:00a-8:50a<br>3-4 Lanes |     |     |
| <b>Aqua Fit</b>                          |                          | <b>Aqua Fit</b>          |                          | <b>Aqua Fit</b>          |     |     |
| 1:00p-1:50p<br>3-4 Lanes                 |                          | 1:00p-1:50p<br>3-4 Lanes |                          | 1:00p-1:50p<br>CANCELLED |     |     |
| <b>Water Volleyball</b>                  | <b>Aqua Fit</b>          |                          | <b>Aqua Fit</b>          | <b>Water Volleyball</b>  |     |     |
| 6:00p-7:30p<br>2 lanes                   | 6:00p-6:50p<br>2 lanes   |                          | 6:00p-6:50p<br>2 lanes   | 6:00p-7:30p<br>2 lanes   |     |     |

## PROGRAMMING TIMES

| PROGRAMMING TIMES |      |     |      |     |              |     |
|-------------------|------|-----|------|-----|--------------|-----|
| MON               | TUES | WED | THUR | FRI | SAT          | SUN |
|                   |      |     |      |     | Swim Lessons |     |
|                   |      |     |      |     | 8:15a-11:00a |     |
|                   |      |     |      |     | 4 lanes      |     |

## OPEN SWIM TIMES

| MON  | TUES        | WED         | THUR        | FRI          | SAT          | SUN    |
|--|-------------|-------------|-------------|--------------|--------------|--------|
| 8:50a-1:00p  | 8:50a-6:00p | 8:50a-1:00p | 8:50a-6:00p | 8:50a-12:00p |              | Closed |
|  |             |             |             | Closed 12-2  |              |        |
| 1:50p-7:30p  | 6:50p-7:30p | 1:50p-6:00p | 6:50p-7:30p | 2:00p-6:00p  | 11:00a-1:30p |        |
| Closed Fri 12p-2p Sat 6-8                            |             |             |             |              |              |        |
| Summer Care Shares Open Swim Lanes Mon-Thurs 10a-11a |             |             |             |              |              |        |