



Gym Schedule

Effective July 11th, 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00-7:00 Fitness Class & Open Gym	5:30 – 6:30 Fitness Class & Basketball	5:30-8:00 Open Gym	5:30 – 6:30 Fitness Class & Basketball	5:45-7:00 Fitness Class & Open Gym	6:45 – 8:00 Fitness Class & Open Gym	Closed
7:00-9:00 Open Gym	6:30 – 7:45 Open Gym	8:00 -9:00 Fitness Class & Open Gym	6:30 – 7:45 Open Gym	7:00-9:00 Open Gym	8:00 – 10:00 Pickleball	
9:00 – 11:00 Volleyball & *Summer Care*	7:45 – 9:00 Fitness Class & Open Gym	9:00 – 11:00 Volleyball & *Summer Care*	7:45 – 9:00 Fitness Class & Open Gym	9:00 – 11:00 Volleyball & *Summer Care*	10:00 – 11:00 Pickleball & Open Gym	
11:30 – 1:00 Basketball & Open Gym	9:00 – 11:00 Pickleball & *Summer Care*	11:00 – 11:45 Open Gym	9:00 – 11:00 Pickleball & *Summer Care*	11:00 – 11:45 Open Gym	11:00 – 1:55 Open Gym	
1:00 – 3:00 Pickleball & Open Gym	11:30 – 1:15 Basketball Full Court	11:45 – 1:00 Fitness Class & Open Gym	11:30 – 1:15 Basketball Full Court	11:45 – 1:00 Fitness Class & Basketball		
3:00 – 4:45 *Summer Care* & Open Gym	1:15 – 3:00 Pickleball & Open Gym	1:00 – 3:00 Pickleball & Open Gym	1:15 – 3:00 Pickleball & Open Gym	1:00 -3:00 Pickleball & Open Gym		
4:45 – 6:00 Fitness Class & Open Gym	3:00 – 4:45 *Summer Care* & Open Gym	3:00 – 4:45 *Summer Care* & Open Gym	3:00 – 4:45 *Summer Care* & Open Gym	3:00 – 4:45 *Summer Care* & Open Gym		
6:00 – 7:55 Basketball Half or Full Court	5:00 – 7:55 Basketball & Open Gym	4:45 – 6:00 pm Youth Sports & Open Gym	5:00 – 7:55 Basketball & Open Gym	4:45- 5:30 Open Gym		
		6:00– 7:55 Basketball & Open Gym		5:30 – 7:55 Volleyball & Basketball		

Basketball Group Play, Volleyball and Pickleball ONLY allowed during designated times.

* If Summer Care is not using the gym it is Open Gym*