

Gym Schedule



Effective June 9th, 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:00 Fitness Class & Open Gym	5:30 – 6:30 Fitness Class & Basketball	5:30-8:00 Open Gym	5:30 – 6:30 Fitness Class & Basketball	5:45-7:00 Fitness Class & Open Gym	6:45 - 8:00 Fitness Class & Open Gym	CLOSED
7:00-9:00 Open Gym	6:30 - 7:45 Open Gym	8:00 -9:00 Fitness Class & Open Gym	6:30 – 7:45 Open Gym	7:00-9:00 Open Gym	8:00 - 10:00 Pickleball	
9:00 - 11:00 Volleyball & Summer Childcare	7:45 - 9:00 Fitness Class & Open Gym	9:00 - 11:00 Volleyball & Summer Childcare	7:45 - 9:00 Fitness Class & Open Gym	9:00 - 11:00 Volleyball & Summer Childcare	10:00 - 11:00 Pickleball & Open Gym	
11:30 - 1:00 Basketball & Open Gym	9:00 - 11:00 Pickleball & Summer Childcare	11:00 - 11:45 Open Gym	9:00 - 11:00 Pickleball & Summer Childcare	11:00 - 11:45 Open Gym	11:00 - 1:55 Open Gym	
1:00 - 3:00 Pickleball & Open Gym	11:30 - 1:15 Basketball Full Court	11:45 - 1:00 Fitness Class & Open Gym	11:30 - 1:15 Basketball Full Court	11:45 - 1:00 Fitness Class & Basketball		
3:00 - 4:45 Summer Childcare & Open Gym	1:15 - 3:00 Pickleball & Open Gym	1:00 - 3:00 Pickleball & Open Gym	1:15 - 3:00 Pickleball & Open Gym	1:00 -3:00 Pickleball & Open Gym		
4:45 - 6:00 Fitness Class & Open Gym	3:00 - 4:45 Summer Childcare & Open Gym	3:00 - 4:45 After School Care & Open Gym	3:00 - 4:45 Summer Childcare & Open Gym	3:00 - 4:45 Summer Childcare & Open Gym		
6:00 - 7:00 *Youth Sports* & Basketball Half	4:45- 7:55 Open Gym	4:45 - 7:00 *Youth Sports* & Open Gym	4:45- 7:55 Open Gym	4:45- 5:30 Open Gym		
7:00 - 7:55 Basketball Full or Half		7:00 - 7:55 Open Gym		5:30 - 7:00 Volleyball & Basketball		
	_			7:00 – 7:55 Basketball & Open Gym		_

Basketball Group Play, Volleyball and Pickleball ONLY allowed during designated times.

Youth Sports will only use the gym if there is inclement weather. Otherwise it is open gym during these times.