



# SAFE POOLS HAVE RULES

## SAFETY



- Obey the lifeguard at all times
- Unsafe behavior, as determined by the lifeguard, is prohibited
- Lifeguard decisions are final

Only Coast Guard approved personal floatation devices allowed. No inflatables in the pool outside of YMCA events and programs



Walk on the pool deck—No running



1 One adult can be responsible for no more than 2 non-swimmers



No glass allowed on the pool deck

- Forward facing, feet first jumps only. No flips, twists or entering the pool sideways or backwards
- No diving unless during YMCA programming
- No horseplay, dunking, throwing of children, etc.
- Do not enter the pool if you have an open wound or cut
- The practice of hyperventilation and breath holding activities is prohibited

## POOL DECK ETTIQUETTE

- Shower with soap and water before entering the pool
- No food, chewing gum, or drink in the pool area (excluding plastic water bottles)
- Be aware of your language and actions, this is a family friendly facility
- Diaper changing on the pool deck is not allowed
- Do not spit or spout water while in the pool area
- Swimmers must share lanes when the pool is busy
- Aqua Fit equipment is for exercise and class use only
- No razors or exfoliating on the pool deck or in the pool or amenities
- No photos or recording of others without their express consent

## AGE REQUIREMENTS

### Ages 7 & Younger

- Passed swim test - must have an adult in the pool within arm's reach. **Yellow** wristband
- Did not pass swim test - must have an adult in the pool within arm's reach and wear a life jacket\* if in the deep end. No wristband

### Ages 8-11

- Passed swim test - may swim independently with a supervising adult on the pool deck. **Yellow** wristband
- Did not pass swim test - must have an adult in the pool within arm's reach and wear a life jacket\* if in the deep end. No wristband

### Ages 12-14

- Passed swim test - may swim without an adult present. **Green** wristband
- Did not pass swim test - must have a supervising adult in the water with them. No wristband

\*Life jackets must be Coast Guard approved

## PROPER ATTIRE



- Family-friendly, clean and appropriate swimwear **REQUIRED**
- Diapered children must wear a swim diaper
- Nudity is prohibited anywhere on the pool deck or amenities
- No mermaid tails