



Gym Schedule

Effective December 23rd, 2024



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|---|-----------|---|--|--|--|
| 6:00-7:00 Fitness Class & Open Gym | 5:30 – 6:30 Fitness Class & Basketball | CLOSED | 5:30 – 6:30 Fitness Class & Basketball | 5:45-7:00 Fitness Class & Open Gym | 6:45 – 8:00 Fitness Class & Open Gym | 10:00-11:45 Open Gym |
| 7:00-9:00 Open Gym | 6:30 – 7:45 Open Gym | CLOSED | 6:30 – 7:45 Open Gym | 7:00-9:00 Open Gym | 8:00 – 10:00 Pickleball | 11:45-1:00 Fitness Class & Open Gym |
| 9:00 – 10:00 Volleyball & Open Gym | 7:45 – 9:00 Fitness Class & Open Gym | CLOSED | 7:45 – 9:00 Fitness Class & Open Gym | 9:00 – 11:00 Pickleball & Volleyball | 10:00 – 10:30 Pickleball & Open Gym | 1:00-4:00 Open Gym |
| 10:00 – 11:00 Volleyball & Childcare | 9:00 – 11:00 Pickleball | CLOSED | 9:00 – 11:00 Pickleball | 11:00 – 11:45 Open Gym | 10:30 – 11:00 Pickleball & Gym Rental | |
| 11:30 – 1:00 Basketball & Open Gym | 11:30 – 1:15 Basketball Full Court | CLOSED | 11:30 – 1:15 Basketball Full Court | 11:45 – 1:00 Fitness Class & Basketball | 11:00 – 11:30 Open Gym & Gym Rental | |
| 1:00 – 3:00 Pickleball & Open Gym | 1:15 – 3:00 Pickleball | CLOSED | 1:15 – 3:00 Pickleball | 1:00 – 3:00 Pickleball & Open Gym | 11:30 – 3:00 Open Gym | |
| 3:00 – 4:45 After School Care & Open Gym | CLOSED | CLOSED | 3:00 – 7:45 Open Gym | 3:00 – 4:30 Open Gym | 3:00 – 5:00 Pickleball & Open Gym | |
| 4:45 – 6:00 Fitness Class & Open Gym | CLOSED | CLOSED | 4:45 – 7:55 Open Gym | 4:30 – 6:00 Volleyball & Basketball | | |
| 6:00 – 7:00 Open Gym & Basketball | CLOSED | CLOSED | | 6:00 – 7:55 Basketball & Open Gym | | |
| 7:00 – 7:55 Basketball Half or Full Court | CLOSED | CLOSED | | | | |

Basketball Group Play, Volleyball and Pickleball ONLY allowed during designated times.