



Gym Schedule

Effective July 15th, 2024



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|--------|
| 6:00-7:00 Fitness Class & Open Gym | 5:30 – 6:30 Fitness Class & Basketball | 6:00-7:00 Fitness Class & Open Gym | 5:30 – 6:30 Fitness Class & Basketball | 5:45-7:00 Fitness Class & Open Gym | 6:45 – 8:00 Fitness Class & Open Gym | CLOSED |
| 7:00-9:00 Open Gym | 6:30 – 7:45 Open Gym | 7:00 – 8:00 Open Gym | 6:30 – 7:45 Open Gym | 7:00-9:00 Open Gym | 8:00 – 10:00 Pickleball | |
| 9:00 – 11:00 Volleyball & Summer Childcare | 7:45 – 9:00 Fitness Class & Open Gym | 8:00 -9:00 Fitness Class & Open Gym | 7:45 – 9:00 Fitness Class & Open Gym | 9:00 – 11:00 Volleyball & Summer Childcare | 10:00-11:00 Pickleball & Open Gym | |
| 11:30 – 1:00 Basketball & Open Gym | 9:00 – 11:00 Pickleball & Summer Childcare | 9:00 – 11:00 Volleyball & Summer Childcare | 9:00 – 11:00 Pickleball & Summer Childcare | 11:00 – 11:45 Open Gym | 11:00 – 2:00 Open Gym | |
| 1:00 – 3:00 Pickleball & Open Gym | 11:30 – 1:15 Basketball Full Court | 11:00 – 11:45 Open Gym | 11:30 – 1:15 Basketball Full Court | 11:45 – 1:00 Fitness Class & Basketball | | |
| 3:00 – 4:45 Summer Child Care & Open Gym | 1:15 – 3:00 Pickleball & Open Gym | 11:45 – 1:00 Fitness Class & Open Gym | 1:15 – 3:00 Pickleball & Open Gym | 1:00 – 3:00 Pickleball & Open Gym | | |
| 4:45 – 6:00 Fitness Class & Youth Sports | 3:00 – 5:00 Summer Care & Open Gym | 1:00 – 3:00 Pickleball & Open Gym | 3:00 – 4:45 Summer Care & Open Gym | 3:00 – 5:00 Summer Child Care & Open Gym | | |
| 6:00 – 7:55 Basketball Half or Full Court | 5:00 – 7:55 Open Gym | 3:00 – 4:45 Summer Care & Open Gym | 4:45-5:45 Open Gym | 5:00 – 6:00 Open Gym | | |
| | | 4:45 – 7:00 Youth Sports | 5:45 – 7:00 Fitness Class & Open Gym | 6:00 – 7:55 Basketball Half or Full Court | | |
| | | 7:00 – 7:55 Basketball Half/Full | 7:00-7:55 Open Gym | | | |

Basketball Group Play, Volleyball and Pickleball ONLY allowed during designated times.

Summer childcare will use Court 1 (South) and adult sports will use Court 2 (North) when scheduled at the same time.