



# Winona Family YMCA Change Form

Updated  
06/2023

Name (first, mi, last) \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Address (include city, state) \_\_\_\_\_

Phone number (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

## Change in Membership

Old Membership Type \_\_\_\_\_ New Membership Type \_\_\_\_\_

Add	Drop	First name	Last Name	Birthday	Gender

## Change in Add-Ons/Services

<u>Locker</u>	Add	Drop	Locker # _____	<u>24-Hour Access</u>	Add	Drop
<u>Towel</u>	Add	Drop		<u>Coffee Service</u>	Add	Drop

## Change in Billing information

I (we) hereby authorize the Winona Family YMCA to initiate debits to the Bank/Account selected below to debit the amounts thereof to my account. If a draft is not honored by my bank for any reason, a service charge of \$7.50 will be applied to any returned collection. If payment is not received by the end of the month my membership will be terminated. This authority is to remain in full force and effect until the Winona Family YMCA receives written notice of modification **on the 20th** prior to draft date. Monthly dues and paid in full memberships are non-refundable. Please call 507-454-1520 or stop by to provide billing information.

I will be paying:  Monthly  Year in full

\* Check payment is subject to a \$2.00 processing & handling fee.

Payment Method:  Credit/Debit Card ending in \_\_\_\_\_

Bank Draft

## Acceptance

I accept all provisions of membership set forth above and hereby agree to all changes made above. I understand information given to my Y is the property of the YMCA and is kept as confidential information by the Y and its representatives.

Signature \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Submit form by email to [info@winonaymca.org](mailto:info@winonaymca.org) or drop at the front desk.



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## Liability and Indemnity waiver

IN CONSIDERATION of being permitted to utilize the facilities, services, and programs of the Winona Family YMCA (or for my children to so participate) for any purpose, including, but not limited to observation or use of facilities or equipment, or participation in any program affiliated with the Winona Family YMCA, the undersigned, for himself or herself and such participating children and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will, inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the Winona Family YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgement that such premises and all facilities and equipment thereon and such affiliated program have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use or participation by the undersigned and such children. The undersigned is aware of the different types of activities, equipment, and any facility offered by the Winona Family YMCA, and is aware of the risks inherent in the participation in such activities and use of such equipment and facilities. IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE WINONA FAMILY YMCA FOR ANY PURPOSE INCLUDING, BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY PROGRAM AFFILIATED WITH THE WINONA FAMILY YMCA. THE UNDERSIGNED AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED ON HIS OR HER BEHALF AND BEHALF OF SUCH CHILDREN, HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the Winona Family YMCA and all branches thereof, its directors, officers, employees, and agents (hereinafter referred to as "releases") from all liability to the undersigned or such children and all his/her personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefor on account of injury to the person or property or resulting in death of the undersigned or such children whether caused by the negligence of the releasees or otherwise while the undersigned or such children is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with the Winona Family YMCA.
2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releases and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned or such children in, upon, or about the Winona Family YMCA premises, or in any way observing or using any facilities or equipment of the Winona Family YMCA or participating in any program affiliated with the Winona Family YMCA, whether caused by the negligence of the releasees or otherwise.
3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE to the undersigned or such children due to negligence of releasees or otherwise while in, about, or upon the premises of the Winona Family YMCA and/or while using the premises, any facilities, or equipment thereon or participating in any program affiliated with the Winona Family YMCA.
4. THE UNDERSIGNED further expressly agrees that the foregoing RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of Minnesota, and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

**I have read and understand this Release of Liability, I agree to all terms of this release and hereby sign it freely and voluntarily.**

Member's Signature \_\_\_\_\_ Date \_\_\_\_\_

<b>Staff Only-----</b>	Member ID _____	Date Received _____	Initials _____
Payment Type:	Bank Draft	Credit Card	Check
Old Draft Amount: _____	New Draft Amount: _____	1 <sup>st</sup>	Next Draft Date: _____
<b>Financial Aid Renewal:</b>	Member Discount % _____	Program Discount % _____	Valid Until: _____
Notes: _____			

**Submit form by email to [info@winonaymca.org](mailto:info@winonaymca.org) or drop at the front desk.**



**WINONA FAMILY YMCA 24-HOUR ACCESS  
WAIVER & RELEASE FORM**

Users of the Winona Family YMCA outside of hours of operation must be at least 16 years of age, have purchased 24/7 access, and must use their assigned barcode to enter. All conditions and expectations outlined in the Member Handbook still stand, and cameras are always recording. **Initial**\_\_\_\_\_

16-17 year olds with 24/7 access must have direct adult supervision upon entering, using, and exiting the facility. 24/7 for minors will be revoked if they are unsupervised by an adult. **Initial**\_\_\_\_\_

Guests and individuals who do not have 24/7 access through the Winona Family YMCA are not permitted outside of hours of operation. Anyone that violates this policy will be charged \$10 per person, per offense, and risk losing their 24/7 access. **Initial**\_\_\_\_\_

24/7 access is available for the gymnasium, Wellness Center and racquetball/handball courts only. 24/7 access outside of staffed hours of operation is through the YMCA's main entrance. **Initial**\_\_\_\_\_

We **HIGHLY** recommend that you have an adult workout partner, who also has 24/7 access, accompany you while using the YMCA during unstaffed hours, as there is no supervision or assistance. If you are injured, become unconscious, suffer a stroke or heart attack, there may not be anyone to respond to your emergency and this facility has no duty to provide aid to you. **Initial**\_\_\_\_\_

Because physical exercise can be strenuous and subject to risk of serious injury, the Winona Family YMCA urges you to obtain a physical examination from a doctor before using any exercise equipment or participating in any exercise activity. You agree that if you engage in any physical exercise or activity, or use any YMCA amenity on the premises, you do so entirely at your own risk. You agree that you are voluntarily participating in the use of this facility and assume all risks of injury, illness, or death. The Winona Family YMCA is also not responsible for any loss of your personal property. **Initial**\_\_\_\_\_

This waiver and release of liability includes, without limitation, all injuries which may occur, regardless of negligence, as a result of; (a) your use of all amenities and equipment in the facility and your participation in any activity, class, program, personal training or instruction; (b) the sudden and unforeseen malfunctioning of any equipment; (c) your slipping and/or falling while on the Winona Family YMCA premises, including adjacent sidewalks and parking areas. **Initial**\_\_\_\_\_

Snow removal will not be enforced until staffed hours of operation. Members with 24/7 access can utilize the YMCA, but at their own risk from the elements. **Initial**\_\_\_\_\_

You acknowledge that you have carefully read this "waiver and release" and fully understand that it is a release of liability. You expressly agree to release and discharge the Winona Family YMCA, Inc., and all affiliates, employees, agents, representatives, successors, or assigns, from any and all claims or causes of action. You agree to voluntarily give up or waive any right that you may otherwise have to bring a legal action against the Winona Family YMCA, Inc. for negligence, personal injury or property damage. **Initial**\_\_\_\_\_

**Note:** Should any part of this agreement be found by a court of law to be against public policy or in violation of any state statute or case precedence, then only that wording is removed and the remainder of this agreement will remain in full force. Processing of 24/7 access can take up to 72 hours to be effective.

**Adult/legal guardian's printed name:** \_\_\_\_\_ **Adult's date of birth:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Child's printed name:** \_\_\_\_\_ **Child's date of birth:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Adult's signature:** \_\_\_\_\_ **Today's date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Return to Member Services front desk or email [info@winonaymca.org](mailto:info@winonaymca.org) along with the Change Form for processing.**