



Gym Schedule

Effective Sept 6th, 2023



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|---|---|---|--|---|--|
| 6:00-7:00 Fitness Class & Open Gym | 5:30 - 6:30 Fitness Class & Basketball | 6:00-7:00 Fitness Class & Open Gym | 5:30 - 6:30 Fitness Class & Basketball | 5:45-7:00 Fitness Class & Open Gym | 7:00 - 8:00 Fitness Class & Open Gym | 10:00-12:00 Open Gym |
| 7:00-9:00 Open Gym | 6:30 - 8:00 Open Gym | 7:00 - 8:00 Open Gym | 6:30 - 8:00 Open Gym | 7:00-9:00 Open Gym | 8:00 - 10:00 Pickleball | 12:00-1:00 Fitness Class & Open Gym |
| 9:00 - 11:00 Volleyball & Open Gym | 8:00 - 9:00 Fitness Class & Open Gym | 8:00 -9:00 Fitness Class & Open Gym | 8:00 - 9:00 Fitness Class & Open Gym | 9:00 - 11:00 Pickleball & Volleyball | 10:00 - 5:00 Open Gym | 1:00-2:00 Open Gym |
| 11:30 - 1:00 Basketball & Open Gym | 9:00 - 11:00 Pickleball | 9:00 - 11:00 Pickleball & Volleyball | 9:00 - 11:00 Pickleball | 11:00 - 12:00 Open Gym | | |
| 1:00 - 3:00 Pickleball & Open Gym | 11:30 - 1:15 Basketball Full Court | 11:00 - 12:00 Open Gym | 11:30 - 1:15 Basketball Full Court | 12:00 - 1:00 Fitness Class & Basketball | | |
| 3:00 - 4:00 After School Care & Open Gym | 1:15 - 3:00 Reserved Pickleball & Open Gym | 12:00 - 1:00 Fitness Class & Open Gym | 1:15 - 3:00 Reserved Pickleball & Open Gym | 1:00 - 3:00 Pickleball | | |
| 4:00 - 5:00 After School Care & Open Gym | 3:00 - 5:00 After School Care & Open Gym | 1:00 - 3:00 Pickleball & Open Gym | 3:00 - 5:00 After School Care & Open Gym | 3:00 - 5:00 After School Care & Open Gym | | |
| 5:00 - 6:00 Fitness Class & Youth Sports | 5:00 - 6:00 Youth Sports | 3:00 - 5:00 After School Care & Open Gym | 5:00 - 6:00 Youth Sports | 5:00 - 6:00 Open Gym | | |
| 6:00 - 7:55 Basketball Half or Full Court | 6:00 - 7:55 Open Gym | 5:00 - 6:00 Youth Sports | 6:00-7:00 Fitness Class & Open Gym | 6:00 - 7:55 Basketball Half or Full Court | | |
| | | 6:00 - 7:55 Basketball Half/Full | 7:00-7:55 Open Gym | | | |

Basketball Group Play, Volleyball and Pickleball ONLY allowed during designated times.