



Pool Rules

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Do not enter the pool area unless there is a lifeguard on duty.

Children 7 years old and under must have an adult in the pool with them at all times.

Children 8-10 years old may be in the pool independently if they pass a swim test and have a supervising adult watching from the deck.

To be in the pool, ANYONE under 11 years old that does not pass the swim test must stay in the shallow end with someone 16 years or older in the water.

Wear appropriate swim wear.

Forward facing jumps only. No flips, twists or entering the pool sideways or backwards.

Diving in water less than 9 feet is strictly prohibited.

Horseplay, dunking, throwing of children, etc. are strictly prohibited.

All lifejackets must be Coast Guard approved (noodles or water wings are not recognized as proper flotation devices).

Shower with soap and water before entering the pool.

No food, chewing gum, or drink in the pool area (excluding plastic water bottles).

Diaper changing on the pool deck is not allowed, and all diapered children must wear a swim diaper.

The practice of hyperventilation and breath holding activities in the aquatic facility are strictly prohibited. You may have 20 seconds underwater or one half length of the pool underwater followed by a period of rest above the water.

Walk on the pool deck, don't run.

No breakable containers allowed in pool area.

The diving board may only be used when no one is within 20 feet of the deep end.

Be aware of your language and actions, this is a family friendly facility.

No mermaid tails