



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BOARD OF DIRECTORS APPLICATION

**WINONA FAMILY YMCA – Seeking
volunteer leaders to provide strategic
leadership & steady stewardship**



About the Y

The Y is a leading nonprofit committed to strengthening communities through youth development, healthy living, and social responsibility.

Strengthening Community

At the Y, no child, family or adult is turned away due to an inability to pay. We recognize that for communities to succeed, everyone must be given the opportunity to be healthy, confident, connected, and secure.

We welcome everyone, we share what we have by offering financial assistance to those who cannot otherwise afford our programs and memberships, we promote the core values of Caring, Honesty, Respect, and Responsibility, and we strive to engage and improve the spirit, mind, and body for all.

Youth Development Programs

- School Age Care
- Summer Day Camp
- Youth Sports
- Swimming Lessons
- Swim Team
- Kids' Corner

Healthy Living Programs

- Personal Training
- Fitness Assessments
- Fitness Orientations
- Group Exercise Classes
- Cardio & Strength Machines
- Whirlpool/Sauna/Steam Room
- Active Older Adults
- Racquetball/Handball Courts
- Water Fitness
- Lap Swimming

Social Responsibility Programs

- Volunteer Opportunities
- Active Older Adults
- Community Gathering Location
- Lifeguard Certification
- CPR/AED/First Aid
- Financial Assistance

Governing Board Member Responsibilities

Time Commitment

Board meetings are monthly on the third Thursday from 12-1 pm. In addition, each board member is expected to serve on a committee that would generally meet monthly for an hour. Board members are also asked to attend special events throughout the year.

Typical Board Member Responsibilities

Ensure effective planning. Boards must actively participate in an overall strategic planning process and assist in implementing and monitoring the plan's goals.

Ensure adequate financial resources. One of the board's foremost responsibilities is to secure adequate on-going financial resources for the organization to fulfill its mission.

Protect assets and provide proper financial oversight. The board must assist in developing the annual budget and ensuring that proper financial controls are in place.

Enhance the organization's public standing. The board should clearly articulate the organization's mission, accomplishments, and goals to the public and garner support from the community.

Build a competent board. All boards have a responsibility to articulate prerequisites for candidates, orient new members, and periodically and comprehensively evaluate their own performance.

Hire, support and evaluate the chief executive. The board should ensure that the chief executive has the moral and professional support he or she needs to further the goals of the organization.

Ensure legal and ethical integrity. The board is ultimately responsible for adherence to legal standards and ethical norms.

Board Legal Duties

Duty of Care requires leaders to use reasonable care and good judgment in making their decisions on behalf of the interest of the organization.

Duty of Loyalty requires leaders to be faithful to the organization, avoiding conflicts of interest.

Duty of Obedience requires leaders to comply with governing documents (i.e. Bylaws, Articles of Incorporation, policies, etc.)

YMCA Mission Statement

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

POLICY OUTLINING BOARD MEMBER RESPONSIBILITIES AND EXPECTATIONS

GENERAL FUNCTIONS

The Winona Family YMCA relies extensively on the leadership, commitment, and support of its Board of Directors. The Board of Directors fulfills important functions for the Winona Family YMCA, including establishing goals and policies, determining strategic direction, overseeing management, electing officers, generating public and private support and funding, and engendering goodwill for the YMCA within the community.

The Winona Family YMCA expects its Board Members to actively participate in accomplishing the goals, values, and mission of the YMCA. Board members will be expected to:

- a) **Make an annual contribution to the Annual Campaign and other fundraising campaigns.**
- b) **Regularly attend and actively participate in board meetings. Seventy percent (70%) attendance at board meetings is regarded as an acceptable level of attendance.**

- c) **Serve on and actively participate in one or more standing committees of the board, or an established board task force which meets monthly or quarterly. Seventy percent (70%) attendance at committee meetings is regarded as an acceptable level of attendance.**
- d) **Actively assist in the development of membership and funding of the Winona Family YMCA, including participating on a regular basis in membership drives or special project fund raising.**
- e) **Give freely of themselves on a volunteer basis in supporting and assisting in activities and programs of the YMCA including Annual Campaign functions and special events.**
- f) **Be knowledgeable of YMCA programs, affairs, and policies.**
- g) **Accept leadership responsibilities within the YMCA for which a particular board member is qualified.**
- h) **Participate in, complete, and return the Board Member Survey following the first year and first term of service on the Board.**

QUALIFICATIONS

Board members should be chosen for their individual standing and should possess demonstrated or potential qualities of leadership. Each board member is responsible for using his or her best judgment in conducting the affairs of the YMCA. It is further the policy of the Winona Family YMCA to seek out board members who are cooperative, reasoned and respectful of others, and who bring to the YMCA a blend of complementing talents, experience, and perspectives. Board members should be experienced in various areas of importance to the YMCA.

The most desirable qualifications for board members include the following:

1. Demonstrated interest in strengthening the community through the benefits the YMCA offers
2. Ability to assess information and make important decisions
3. Courage to state one's views on important issues
4. Ability to secure charitable contributions to support the work of the Y
5. Willingness to accept and support decisions democratically made
6. High standing among those in their profession, a respected community citizen
7. Ability to deal openly and directly with other board members when pleased or displeased about something
8. Special skills, knowledge, and expertise that are needed for the term to be served

Basic responsibilities of the board:

1. Hire the CEO
2. Support and appraise the CEO
3. Long range strategic planning
4. Ensure adequate resources to accomplish the plan
5. Monitor use of association resources
6. Approve and monitor programs
7. Tell the YMCA story in the community
8. Ensure legal behavior
9. Recruit and orient new board members and evaluate board performance

Board Member Application and Questionnaire

Thank you for your interest in a potential board position with the Winona Family YMCA. The applications of potential board members are reviewed by our Board of Directors, to ensure that the Y is a good fit for you and you are a good fit for us. New board members are voted on at the Annual Meeting in March.

Should you determine that you have an interest in exploring a board position with the Winona Family YMCA, please complete this application and return to Janneke Sobeck at jsobeck@winonaymca.org or drop off at the YMCA.

Personal			
First	MI	Last	Familiar
Address			
Home Phone	Work Phone	Cell Phone	E-mail
Employer			Title
Type of business or organization			

Please list any notable achievements or leadership positions in volunteering on boards or committees:
Please list any fundraising experience:
What is your current involvement with the Winona Family YMCA?
Why are you interested in serving as a Y board member?
Do you have any unique talents or skill sets that you would bring as a board member?

GOVERNING BOARD APPLICATION

How would your skills and abilities strengthen our ability to meet our strategic initiatives:

- Financial Sustainability:

- Community Health & Well-Being:

- Non-Profit Board Governance:

Please mark the skills and/or interests you would bring to our board:

	Interpreting Financials		Business Management		Accounting
	Human Resources		Fundraising		Grant Writing
	Administration		Outreach/Advocacy		Nonprofit Experience
	Community Service		Leadership Development		Law/Legal Issues
	Policy Development		Real Estate		Banking
	Program Evaluation		Information Technology		Web Design
	Public Relations		Strategic Planning		Event Planning
	Campaign Planning		Education/Instruction		Medical/Healthcare
	Membership Growth		Marketing/Social Media		Child Development