



WINONA FAMILY YMCA 24-HOUR ACCESS WAIVER & RELEASE FORM

Use of the Winona Family YMCA outside of hours of operation is for Winona Family YMCA members only. Members must be at least 16 years of age, have purchased 24/7 access, and must use their assigned barcode to enter. Members are still held to the conditions and expectations outlined in the Member Handbook and cameras continue are recording. **Initial**_____

16-17 year olds with 24/7 access must have direct adult supervision upon entering, using, and exiting the facility. 24/7 for minors will be revoke if they are unsupervised by an adult. **Initial**_____

Guests and individuals who do not have 24/7 access through the Winona Family YMCA are not permitted outside of hours of operation. Anyone that violates this policy will be charged \$10 per person, per offense, for those accessing the facility that do not have 24/7 authorization. 24/7 access members who violate this policy also risk losing their 24/7 access. **Initial**_____

24/7 access is available for the gymnasium, Wellness Center and racquetball/handball courts only. 24/7 access outside of staffed hours of operation is through the YMCA's main entrance. **Initial**_____

We **HIGHLY** recommend that you have an adult workout partner, who also has 24/7 access, accompany you while using the YMCA during unstaffed hours. There is no supervision or assistance when using the facilities outside of the YMCA's hours of operation. If you are injured, become unconscious, suffer a stroke or heart attack, there may not be anyone to respond to your emergency and this facility has no duty to provide aid to you. Even though this facility is equipped with surveillance cameras, it is likely that should you require immediate assistance, none will be available. **Initial**_____

Because physical exercise can be strenuous and subject to risk of serious injury, the Winona Family YMCA urges you to obtain a physical examination from a doctor before using any exercise equipment or participating in any exercise activity. You agree that if you engage in any physical exercise or activity, or use any YMCA amenity on the premises, you do so entirely at your own risk. You agree that you are voluntarily participating in the use of this facility and assume all risks of injury, illness, or death. The Winona Family YMCA is also not responsible for any loss of your personal property. **Initial**_____

This waiver and release of liability includes, without limitation, all injuries which may occur, regardless of negligence, as a result of; (a) your use of all amenities and equipment in the facility and your participation in any activity, class, program, personal training or instruction; (b) the sudden and unforeseen malfunctioning of any equipment; (c) your slipping and/or falling while on the Winona Family YMCA premises, including adjacent sidewalks and parking areas. **Initial**_____

Snow removal will not be enforced until staffed hours of operation. Members with 24-hour access can utilize the YMCA, but at their own risk from the elements. **Initial**_____

You acknowledge that you have carefully read this "waiver and release" and fully understand that it is a release of liability. You expressly agree to release and discharge the Winona Family YMCA, Inc., and all affiliates, employees, agents, representatives, successors, or assigns, from any and all claims or causes of action. You agree to voluntarily give up or waive any right that you may otherwise have to bring a legal action against the Winona Family YMCA, Inc. for negligence, personal injury or property damage. **Initial**_____

Note: Should any part of this agreement be found by a court of law to be against public policy or in violation of any state statute or case precedence, then only that wording is removed and the remainder of this agreement will remain in full force. Processing of 24/7 access can take up to 72 hours to be effective.

Adult printed name: _____ Adult date of birth: ____/____/____

Minor printed name: _____ Minor date of birth: ____/____/____

Adult signature: _____ Date: ____/____/____

Return to Member Services front desk or email info@winonaymca.org along with the Change Form for processing.