

Kevcai Nkaag Moog/Tawm Lug

Thaum tuaj txug lawm, cov neeg Saib Menyuas yuav caw koj nyob tom lub tsooj hab yuav coj koj tug/cov menyuas moog rua tom qhov chaw Saib Menyuas. **Yog has tas lwm tug txawv tuaj tog tug menyuas mas yuav tsum tau qha rua tug neeg nyob ntawm lub tsooj paub ua ntej. Tug neeg kws muaj npe nyob rua ntawm dlaim ntawv tog mas nwg thaj le tog tau tug menyuas xwb. Nuav mas yuav tsum tau nrug tug neeg saib xyuas swb thaam tim ntsej tim muag tsws yog swb thaam huv xuv tooj.**

Yuav Nqaa Dlaabtsw

Thov sau npe rua txhua yaam khoom, tej khob hab poom yaas. Yuav mua dlaim ntawv yaas rua cov haav nqaa pawm, hab yuav muaj chaw luj zog rua cov naab pawm. Thov tsws txhob nqaa tej khoom fais fab tom tsev tuaj.

Yog tas menyuas chim sab, ntxag tsws tau le 15-nas this, peb yuav hu tug neeg laug (nam/txiv) kws saib tug menyuas.

Khoom Noj

Thov tsws txhob nqaa khoom noj tuaj, qhaub noom qaab zwb losws qhaub noom yaas tuaj rua tom qhov chaw Saib Menyuas. Koj muaj feem siv tau cov tsooj nyob rau chaav luj noj khoom txov ncauj ua ntej lossws tom qaab siv chaav Saib Menyuas.

Kev Cob Qha

Qha dlua lwm txujkev hab tswj feem kuam zoo yog ib qho cwj pwm zoo nyob rua kev soj nruam Saib Menyuas. Yog thaum dlhau 15 nas this es tug menyuas tsws noog lug hab yuav tau nrug tug nai swb thaam ib tau ib, yuav tau hu qha nam txiv hab yuav kuam tug menyuas su moog nyob ib ceg kaum.

Muaj Mob

Thov tsws txhob coj koj tug menyuas mob tuaj rua puab zuv tom qhov chaw Saib Menyuas. Txujcai qha tas yog kub tau hau sab tshaaj 100, ntuav lossws thoj plaab, lossws nqu heev le kws 24 xooj moos. Thov hu qha peb paub yog has tas koj tug menyuas mob caaj paas, qhov muag lab, hab lwm yaam.



Tsev Neeg Winona YMCA Saib Menyuas

Ceg Kaum Menyuas 6 aas thiv - 12 xyoos

Parent Information

Winona Tsev Neeg YMCA Chaw Saib Menyuas muaj rua txhua tug kws yog tswv cuab hab tsws yog tswv cuab muaj rua thaum puab siv lub tsev YMCA. Qhov chaw kws Saib Menyuas tsws yog ib qhov chaw kws nam txiv coj menyuas tuaj tso es puab dlha moog ua lwm yaam dlej num.

Cov neeg laug muaj feem tawm moog rua saab nrau moog qoj teg taw (le kws moog dlha lossws caij luv thij sib puag ncig tug dlej) yog tas koj tug menyuas tseem yuav neeg paab nwg thaum nwg siv hoob naab. Koj yuav tsum tau nqaa koj lub xuv tooj ntawm cev nrug koj yog muaj le caag peb thaj le hu tau koj.

Yog tas koj tug menyuas tseem naav daiv pawm, koj yuav tau nyob huv lub tsev nuav.

Nam txiv/Tug saib xyuas muaj feem cooj 2 xooj moos ib nub yog qhov ntau tshaaj.

Thov muab koj tug menyuas hnaav daiv pawm tshab thaum tuaj rua tom qhov chaw Saib Menyuas. Peb cov neeg yuav hloov tsws tau daiv pawm. Yog tas koj tug menyuas yuav tau hloov daiv pawm ua ntej koj yuav tuaj tog nwg, peb cov neeg ua haujlwm yuav hu koj tuaj hloov nwg le daiv pawm. Koj siv tau lub tsooj kws nyob tom qhov chaw Saib Menyuas.

Yog tas koj tug menyuas taab tom kawm siv hoov naab, cov neeg ua haujlwm yuav paab tsws tau, puab yuav hu koj.

Nyob rua lub sijhawm COVID, menyuas 2 xyoos tso sau yuav tau looj ntsej muag nyob tom chaw Saib Menyuas.

Cov Menyuas Noob Nyoog Kws Tau Saib

Noob Nyoog 6 aas thiv - 12 xyoos

Qhov Chaw Saib Menyuas muaj 3 qhov chaw txawv rua cov menyuas: menyuas mog hoob 6 aas thiv txug 13 hlis, chaw rua cov menyuas moog taug 15 lub hlis-2 xyoos, hab peb cov pib kawm ntawv/kawm ntawv noob nyoog 3-12 xyoos. Chawv saib menyuas muaj ntau yaam kev ua sw kev kawm le khoom ua sw, khoom leeb ua sw, sijhawm noog nkauj, hab qoj teg taw.

Xooj Moos

Thov moog saib peb phaab ntawv qha cov sijhawm tshab.



Tug Nqe

Tsev Neeg Ua Tswv Cuab: Ib tug menyuas/cov menyuas kws muaj npe nyob rua ntawv tsev neeg ua tswv cuab muaj feem tso tau menyuas rua puab zuv hab saib le kws 2 xooj moos pub dlawb.

Neeg Laug Ua Tswv Cuab: Tug nqe txhua nub yog \$5 rua ib tug menyuas ib nub.

Cov nam txiv yuav tsws pub (tiv) tshuav nuj nqes.

Tsev Neeg Dlainm Pib Rua Ib Nub: Cov kws tsws tau ua tswv cuab yuav tsum tau yuav ib dlaim pib \$15 rua ib tug neeg laug lossws \$20 rua ob tug neeg laug peg qhov tsooj nkaag thaj le siv tau qhov chaw zuv menyuas.

Cooj Ua Ntev

Cooj ua ntev yog xaav tau neeg Saib Menyuas.

Yog xaav tau neeg saib yaav sawv ntxuv yuav tau teem 12 xooj moos ua ntej yog xaav tau yaav taav su hab tsaus ntuj yuav tau teem 24 xooj moos ua ntej nub kws yuav moog. Koj muaj feem moog tau online moog cooj lub sijhawm kws koj yuav siv peb lub Winona Family YMCA nuav.

Qhov chaw Saib Menyuas mas yuav tsum tau cooj ua ntej thaj le yuav muaj. Yog tsws muaj neeg cuv npe rua lub sijhawm ntawd ces lub sijhawm ntawd tsws muaj neeg saib/zuv menyuas.

Yog has tas koj tuaj lig tshaaj le 15 nas this, thov hu rua qhov chaw Saib Menyuas hab qha rua peb tas koj yeej yuav tuaj. Yog tuaj tsws tau rua lub sijhawm koj cooj, txhob nyuaj sab, hu tau txhua lub sijhawm muab tshem xwb, lossws email Saib Menyuas ntawm kidscorner@winonaymca.org.

Nwg muaj qhov \$5 nqe rub rua tsev neeg kws tsws hu tuaj qha has tas puab tuaj tsws tau rua puab lub sijhawm, hab \$5 rua ib tug menyuas kws puab tuaj tog tshaaj 10 nas this tom qaab lub sijhawm tog lossws tuaj txug tom qaab lub sijhawm kawm lawm.